



Climbing to

New Heights



INSTITUTE FOR
CHALLENGING
DISORGANIZATION

2013 Annual Conference

September 19 - 21, 2013
Denver, Colorado USA



Celebrating Inattention: ADHD, Neurodiversity & Multiple Intelligences

Thomas Armstrong, Ph.D.

While much of the focus in the field of ADHD has been on deficits, dysfunction, and disorder, there has been insufficient coverage of the strengths of those who have difficulty with attention and organizational skills. This

presentation will focus on strengths of people with ADHD and discuss how those assets connect with Howard Gardner's theory of multiple intelligences and the emerging field of neurodiversity.



Female Treasures: What We Cherish, How We Relinquish & Why

Melinda Barlow, Ph.D.

"It is invariably oneself that one collects." - Jean Baudrillard

Barlow will explore the various ways North American women have collected, retained, displayed and relinquished art and other precious objects from the 19th

century to the present day. Drawing upon examples from art history, and utilizing recent research from the interrelated fields of psychology, the social sciences, and women's studies, she will share how women have invested their treasures with personal significance, using them as "transitional objects" which both sustain and challenge an evolving sense of self, and enable them to move fluidly between the private and public sphere.

Strategies for Working with Clients with Memory Impairment

Laurie White, MSW

As people age and experience physical, emotional and cognitive changes, an increasing number of healthcare and social service professionals are being frequently called upon to provide services to a very diverse aging population. In addition, the graying of America is attracting an array of service providers, including professional organizers. In order to work effectively and comfortably with older adults, it is essential to understand the complexities of aging, specifically cognitive health and impairment.



From Inside-Out: The Culture of Families Dominated by Hoarding Disorder

Suzanne Chabaud, Ph.D.

With increased awareness and destigmatization of Hoarding Disorder, once tightly closed doors to hoarded homes are beginning to open. Most often, it is adult-children of hoarders who initiate contact with a helping professional. They have witnessed the tragic exchange of life for objects and are desperate to release loved ones from this unrelenting disorder. Dr. Chabaud's research with adult-children of hoarders opens our minds to the reality of life inside hoarded homes. A foundation of trust with these families is impossible without sensitivity to how hoarding defines the family culture. Armed with this, and knowledge of the disorder, organizers can chart a realistic and individualized plan for assistance.



**For more details & to
register, visit
[www.challenging
disorganization.org](http://www.challengingdisorganization.org)
& click on the conferences
tab.**



Living Stress-Free **Don Joseph Goewey**

Research has established that stress has more to do with a person's genetic "code" than with their circumstances. There is a solution to stress that goes far beyond anything stress management is able to achieve. The solution is neuroplasticity, which relates to your capacity to

change this unfortunate gene expression and brain structure through a definable shift in mindset. This presentation provides a starter kit of tools to train your mind to change your brain to generate more joy in your work, more order in your life, more love in your relationships and more spring in your step.



The Power of Peer Support When You Have Too Much **Lee Shuer**

In his presentation, Lee Shuer will speak from his own life experience of hoarding/collecting, and how he learned to manage and maintain control over his "stuff." Lee offers a unique opportunity for organizing professionals to gain direct insights into the issues of clients who have

a disruptive attachment to their possessions. As he says, "It's not really about the clutter that you can see, it's about what lies beneath the surface."



Case Studies: Theory into Practice **Denslow Brown, CPO-CD, CPO, SCAC, MCC**

This interactive session with ICD Master Trainer Denslow Brown gives participants an opportunity to think and talk through client challenges through provided case studies. We will work in small groups, exploring each case

study individually in collaborative discussions, sharing relevant observations and questions, and brainstorming strategies.

Ask the CPO-CD Panel

Your questions will be answered by CPO-CDs with diverse client experience.

Schedule

The 2013 ICD Conference officially opens Thursday evening with a networking reception. Friday and Saturday will include two full days of conference programming. All conference sessions will be plenary. Our awards dinner will be held on Friday evening. The conference will end at 5:00 pm on Saturday evening. Be sure to stay after the conference for the optional post-conference workshop being held on Sunday.

Conference Activities include:

Conference Networking Reception; ICD Annual Meeting; Introduction to the ICD Certificate Program; General CD, ADD, Aging, and Hoarding Exam Self-Study Groups; CD, ADD, Aging, and Hoarding Exam; and content-rich educational sessions on each day of the conference. For more information on exams, visit www.challengingdisorganization.org/content/certification-exams.

Conference Hotel

The 2013 ICD Conference will be hosted at the Sheraton Denver Downtown Hotel. The special discounted rate for the conference is \$149 per night for a Single/Double, \$164 per night for a Triple, \$179 per night for a Quad, and an additional \$50 per night for a Suite. Be sure to book by August 26th to receive this great rate!

Conference Pricing

- \$560 Early bird rate for Professional Organizers (ICD, NAPO, POC, AAPO, NBPO, JALO, NASMM)
- \$645 Early bird rate for other Related Professionals

After June 30th, the prices increase to to the full rate of \$595 for Professional Organizers and \$695 for Related Professionals.

Post-Conference Workshop **Sept. 22, 2013 - 8:00 a.m.-3:00 p.m.** **How to Run the *Buried in Treasures* Workshop**

Lee Schuer

Do you have a general understanding of hoarding disorder? Experience working with people with this challenge? Are you curious about what it takes to run a self-help group for people who have too much?

For more information about this 6-hour, post-conference training, please visit www.challengingdisorganization.org/content/2013-conference